

WESTERN CAPE YORK HOCKEY PROGRAM INTERIM REPORT



7/29/2011

part of the LEARN LEAD ACHIEVE program

A program to introduce hockey into the communities of the Western Cape York Communities and supporting:

- increasing health and regular physical activity to the younger people of the Region
- increasing regular school attendance rates through participation in the program

Western Cape York Hockey Program Interim Report

PART OF THE LEARN LEAD ACHIEVE PROGRAM

Introduction

The Remote and Indigenous Hockey Program has worked very hard over the past 5 years to develop a model that will assist and support the introduction and more importantly the ongoing sustainability of hockey programs into new communities – in particular those communities subject to remoteness, isolation and disadvantage.

The model is designed to be portable and transportable across communities and we have undertaken trials over the past 2 years and we believe this model can be used to support and achieve these development and participation outcomes.

I will submit a detailed report on the development of this model in the near future however for this report, the program will show you how the model is used and the outcomes it achieves.

This is an interim report as the program in the Western Cape Communities is in its primary stages of development. A series of milestones are identified in any development program and it is the intention of this program to provide interim reports when these milestones are attained and compare and assess against this program model.

Milestones of the Program

1. Introducing Hockey and delivery of Active Participation and Skill Development Programs into the community to build community awareness and support.
2. Participation in local and regional hockey competitions designed to support ongoing community sustainability and encourage pathways to greater opportunities within hockey
3. Advancing community infrastructure and facilities and equipment to support the sustainability of hockey programs
4. Opportunities to participate in mainstream regional and state championships

Program Model



Step 1: Community Consultations

The task of introducing sports into areas where as a community they have little knowledge or experience of the particular sport can be at first significantly overwhelming if you do not have a type of road map to guide you.

The model indicates the importance of getting to know the community, engaging people who live in the region and consult and converse with them and find out

- (a) History of the region, culturally, economically, sports that are played and other recreational interests
- (b) Learn about the facilities, environment, climate, weather so you can be prepared to better use the information you will receive in these consultations
- (c) Find out what government and council services are available as potential partnerships. This includes schools but you should not limit yourself to this vehicle.
- (d) Find out what organizations, agencies and people are most active in the community and seek their advices

The Remote and Indigenous Hockey program embarked on this task about 12-18 months ago. It has taken this period of time to make all these assessments, meet all these people and identify the best options for hockey to take to meet their outcomes.

Rugby League is the sport of tradition and choice in the region of the Western Cape with AFL programs significantly providing realistic alternatives. Although these sports do cater for female participation – the recognition of the pathways in these sports are traditionally male.

Our conversations showed that hockey is seen as a realistic alternative to the football codes and the community sees the following benefits

- (a) Sport played by both genders with equal opportunity pathways
- (b) Realistic alternative to football for the female with clear pathways to opportunity and advancement
- (c) Realistic opportunities for males who like sports but are not drawn to football for a variety of reasons
- (d) New sport so every-one is starting from the same level
- (e) Modification of the programs can fit into existing facilities in the shorter term to make things reasonable simple.

There are some concerns in the early stages of discussions which centre around safety especially while the community are learning and understanding the sport.

IT IS IMPORTANT TO NOTE HERE THAT THE ABILITY TO PROVIDE A FLEXIBLE INTRODUCTION PROGRAM ABLE TO SATISFY THESE CONCERNS IS CRUCIAL.

As a result of these conversations, consultations and engagement, the hockey program identified that the Cape PCYC Program might well be the best fit in this area. The reasons for this included:-

- (a) PCYC have people on ground in the local communities able to support the delivery of the program
- (b) PCYC also delivers across a similar area as the hockey program and the network partnerships in relation to local and regional competition support would be mutually beneficial
- (c) PCYC were looking for complementary partnerships in this area
- (d) PCYC were to be based at Western Cape College and soon to be taking over the Indoor Sports Facility which was identified as in the short term – as a realistic venue for any modified hockey competition



In addition, the Remote and Indigenous Hockey Program had worked with the PCYC sites in the Northern Peninsula Area and South Cape Area and these partnerships were ongoing but had been successful in the first stages.

The decision was then made to develop a partnership and use PCYC to support local delivery of the program.

STEP 2: STRATEGIC PLANNING AND DEVELOPMENT IS CRITICAL

The Remote and Indigenous Hockey Program has always considered Strategic Planning and Development of paramount importance to the ultimate success of any program. Taking into account the total regions across which the Program now delivers, without these guiding principles hockey development would be lost.

Within the model program, there are a number of levels of this planning process:-

1. Any program must be compatible with the direction and outcomes set out in the Remote and Indigenous Program Strategic Plan 2010-2013 as amended
2. 2 -3 year Development Plans must ensure that all focus areas identified within the model can be achieved
3. Annual Operations/Implementation Plans that outline how the 12 month delivery of the program will be undertaken and identification of roles and tasks.

The Remote and Indigenous Program undertook this process in the Western Cape Communities and found the following:-

1. The community needs and outcomes expected of the hockey program aligned well with the Strategic Plan for the program as a whole.
2. The focus areas of
 - Active Participation – Hook in2 Hockey in its modified forms
 - Skill Development – coach and umpire accreditation and training modified to meet the local needs
 - Competition and pathways – reasonable opportunity for local and regional hockey competition participation
 - Community Engagement – access to community partnerships across facility/equipment/delivery and support services were all consistent with sustainable outcomes in the future
3. Project partners were open to working with Operations Plans from the outset to ensure value across the community not only for hockey was achieved.

Links to the Strategic Planning and Development support on the remote and indigenous hockey program web site is included.

<http://www.remotehockey.com/about-us/plans-strategy>

The specific plans for this region will be included in due course.

Date	Program Area	Activity	Action By
January	Western Cape Programs Weipa and Napranum	Finalize Operation and Activity Plans	Julie McNeil Karen Jackson
		Finalize all agreements	IDO
		Finalize Processes	
		Discuss contacts with other centre in the region to create a future regional hockey program	Julie McNeil Nicole Assan Karen Jackson

July 2011

Confirm details of Training of local deliverers as part of the program
 Julie McNeil
 Karen Jackson

Training Stage 1
 Deliver a Remote Hockey Community Hockey Accreditation and assist in developing the upcoming program (3 hours required)
 RCD Cairns
 IDO
 Local Coaches

After Training – Stage 1
 The coaches will have a 4 week Introduction to Hockey Session/Lesson Plans to support the delivery of the programs

Training Stage 2
 When coaches are in Cairns – arrange to come to Cairns Hockey for further training (minimum of 1 hour sessions)
 Julie McNeil
 RCD Cairns
 IDO
 Karen Jackson
 Participants

After a series of training through part 2, the coaches will develop a greater understanding of game competition and strategies in preparation for local and regional competition

August/September

Hockey Program – Part 1

Delivery of a 4 week Introduction to Hockey Program – participants get to learn the basic skills and play modified games each session
 Week 5 being the mini competition session

Session/Lesson Plans and

		Drills will have been finalized through part 1 of the training program
		Start in 2 nd week of August and go through to about the 2 nd week in September
		Week before School Holidays play games in the session and program can supply some prizes
		Remote Hockey Program will support through visits by the the Indigenous Development Officers 2 out of the 4 weeks. Maybe week 1 and 3
		In week 3 there is a discussion on how the program is progressing and confirm more specific details relating to the Part 2 Program which ends in a regional competition at a place to be confirmed
October/November	West Cape	Hockey Program continues All parties
		After September Holidays Part 2 of the Hockey Program begins 6 week program culminating in week 7 – competition in maybe NPA
		Part 2 Program is designed to increase skills and get ready for competition Remote Hockey will provide a 6 week session/lesson plan program to support the local coaches and will undertake this with additional coaching when coaches come to NPA

	<p>This program can be connected with the program that supports attendance at school and if the young people attending the hockey gain acceptable attendance levels etc then they receive T shirt and other rewards and makes them eligible to be part of the team that comes to NPA– more information to follow</p>
<p>Oct/Nov</p>	<p>Remote program will send the IDO to visit and assist in sessions 1 out of the 6 sessions.</p>
<p>November</p>	<p>Regional Hockey Competition at NPA against the young people in NPA program Tentatively week beginning 15 Nov 2011 NPA Grounds to be confirmed Competition against teams from other hockey competitions from NPA, Aurukun and maybe Horn island and Thursday Island</p>
<p>November</p>	<p>Review of the Program just completed and look to see how we can better deliver</p>
	<p>Discuss potential holiday programs and future programs for the south cape region</p>
<p>Discuss in 2012 if want a small program in the first part of the year – local only</p>	<p>Potential time for additional programs as agreed and planned Includes on-going training</p>

November	Invitations to annual workshop to discuss relevant issues relating to the program, community and mentoring
December	Draft 2012 Plans

This report will show that the plans identified in early 2011 remain a practical guide to deliver the outcomes we identified as important to continue and advance the hockey program towards sustainable outcomes.

Step 3 and 4 – Create a delivery model and recognize cultural and traditional factors and incorporate where relevant

The program model referenced in the introduction has been confirmed as the model on which this program is based.

The consultation and discussion process showed that the local community wanted to be able to combine the Napranum and Weipa programs when it was beneficial to do so but also have the flexibility to deliver in their individual communities as well. It was also identified that Marpoon would be included when ancillary factors indicated the timing was right and again the hockey program needed to have this capacity.

Mining is the lifeblood of this community and programs directed at adults needed to be able to take the employment restrictions into account.

Taking into consideration all these factors- the modification of the programs to be able to be played on indoor surfaces, limited area and the skills and training were modified to take this into account.



The hockey program in consultation with local community modified programs to be able to play on smaller areas and under cover

Step 6 and 7: Build in the capacity to educate and train local people to deliver the program, identify the program partners to assist delivery and create a pilot program that seeks to meet program and partner outcomes

These steps are usually achieved by organizing a visit to the community and during this visit the programs delivers:-

- (a) Active Participation Programs with the view of mentoring the group in relation to modification of programs and suggestions for on- going advancement of the program
- (b) Provide Support Resources
- (c) Deliver Community Hockey Coaching Accreditation to local community members
- (d) Discuss short and medium term program development with local partners.

Over the course of several months between March and June 2011, the program advanced to a position where a community visit was needed to support the emerging hockey interest and engage local people directly.



Images of
Introduction to
Hockey into the
Western Cape
Communities



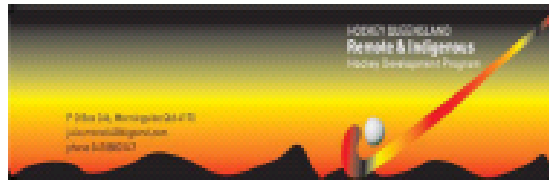
Community
Consultations



Community Training
and Skill
Development



Hook in2 Hockey
and small games



HOCKEY PROGRAM

28TH AND 29TH July 2011

Date	Time	Task	Resources Required	Personnel	Amount
28 th July 2011	10.00am	Flight to Weipa QF 2478	Hockey equipment Resources Paperwork Camera	Julie McNeil Wesley Ferns	\$902.42 return
	11.45am	Arrival into Weipa			
	12 noon	Collect Hire Vehicle Thrifty Rent a car Weipa Airport TSC		Wesley Ferns Driver	\$228.02
	1PM – 2.30PM	PCYC MEETING HOCKEY PROGRAM DEVELOPMENT PCYC OFFICE – WESTERN CAPE COLLEGE	Outline of hockey program Calendar for 2011 and 2012 Potential Competition Involvement	Shae Alley Wesley Ferns Julie McNeil	
	3.00pm – 5.00pm	Hockey Clinic at Weipa School Napranum school to be transported over to join in Rookery Hook In2 Hockey	Hook In2 Hockey Gear Rookery Equip Hook In2 Hockey Participant Information Forms Photo consents	Wesley Ferns students	Hockey equipment to leave in Weipa \$700.00
		Dinner and evening free			
29 th July 2011	9am – 12noon	Hockey Community Coach Accreditation Course Western Cape College Weipa	Hockey Ed Community Coach Forms Resource Manual Photo Consents	Julie McNeil Wesley Ferns Participants	
		Afternoon to have a look around the area/facilities etc			
	2.30pm	Return Hire Car Weipa Airport Thrifty			
	3.20pm	Depart Weipa QF 2481		Julie McNeil Wesley Ferns	
	5.05pm	Arrive Cairns			

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This is a copy of the visit that supports steps 5.6 and 7 of the model program.

From this visit, the partnership between PCYC and the Remote and Indigenous Hockey Program was able to achieve the following:-

1. Registered 2 Hook in2 Hockey Participation Programs which will run for about 6-8 weeks
2. Undertook coach training accreditation for community members both involved in PCYC programs and interested parents
3. Confirmed current program needs and discussed the building of this program and connecting with other PCYC networks and the regional competitions delivered by the remote and indigenous hockey program
4. Supplied hockey equipment to the community both modified equipment for younger children and hockey stick/ball and shin guard sets for older children and young adults.
5. Discussed potential competition structures and facilities that would be needed to accomplish this
6. Discussed pathway opportunities for talent identified participants

HOOK IN2 HOCKEY PROGRAM – Attracted over 20 participants from Weipa and Napranum – feedback from supervisors and students was positive. Behavior was very good, young people motivated to try this new sport and by the end of the session there was an overwhelming response that they would continue attending these sessions.

A rugby league clinic was scheduled at the school for the same afternoon. It was pleasing to see however that over 20 students chose to participate in the new sport and remained at the clinics for the whole session.

COACH ACCREDITATION SESSION – both local parents and sport and recreation officers associated with the PCYC Program completed this training and accreditation. There were also a number of local community members confirming they would attend the next session as they were unavailable during this visit. 2 people completed the accreditation with another 3 partially completing the training and an additional 3 people advising that they would be available on the next visit.

RESOURCES AND EQUIPMENT- Hockey Program Plans and coaching support information was given to all interested parties. References to the web site was also given for additional support

www.remotehockey.com

Equipment to the value of \$1000.00 was provided across the communities to ensure the delivery of the ongoing programs.

Recommendations

1. Currently this interim report confirms that the model of program delivery appears to be working and it is recommended that we report in more detail to SRS about how this model was created.
2. The prior trial of this model in the North West Region of Queensland based around Mount Isa Region was successful and has advanced through to local and regional competition and pathway opportunities. Submission to Hockey Queensland to have a look at this for inclusion in game development resources to support mainstream hockey programs as well as the remote and indigenous hockey programs.
3. Include this program in the NO SCHOOL NO PLAY HOCKEY PROGRAM – encouraging young people to increase their attendance at school and a reward would be eligibility to participate in regional hockey camps and competition and pathway programs.
4. Continue to work with PCYC and local volunteer supporters to investigate the best competition type and provide support for this.
5. Continue to work with PCYC to network these programs with the Northern Peninsula Area Programs, the South Cape York Programs and others including Gulf Savannah and North West Region with the view of partnership supporting regional competition and pathways.
6. Continue discussions relating to the creation of a Cape York Under13 hockey team to contest the Qld State Hockey Under 13 titles in 2012.



"The Queensland Government provided Hockey Queensland Inc to deliver the remote and indigenous hockey development program to get more Queenslanders active through sport and recreation."

